



CONTACT INFORMATION

VA Connecticut Healthcare System's Errera Community Care Center

114-152 Boston Post Road
West Haven, CT 06516

Hours of Operation: Doors are open 7:30-4 pm

VA Connecticut Healthcare System's Errera North @ Newington Campus

555 Willard Avenue
Newington, CT 06111

Hours: please see program page for details

TRANSPORTATION INFORMATION

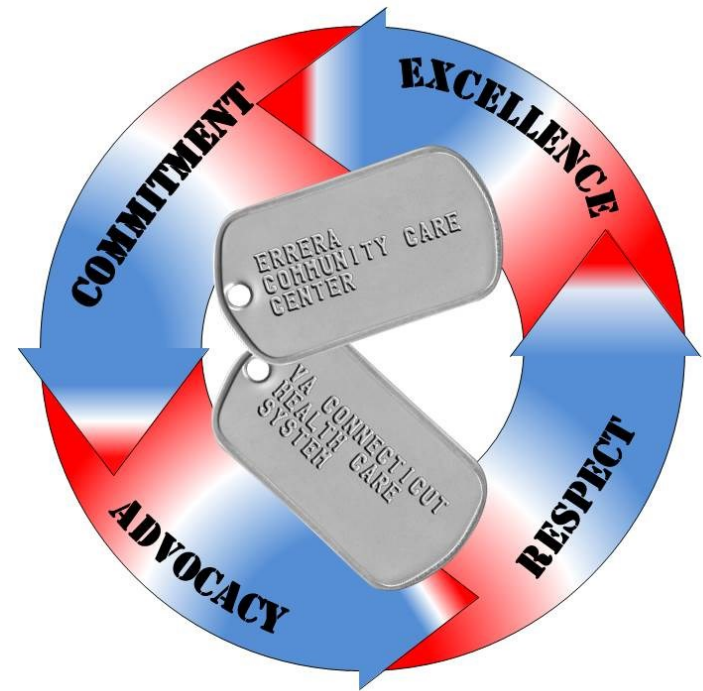
Yale/VA Shuttle: Operates from 6am-6 pm M-F.
Shuttle is scheduled to run every 20-30 minutes.

DAV Transportation: This is a volunteer run
transportation service. Please call 203-932-5711 ext.
2612 to discuss eligibility and assistance.

**VA Shuttle Bus Schedule (West Haven,
Newington and Rocky Hill).** Operates M-F only and
Veterans must have a valid ID and a scheduled
appointment. Please contact VA Transportation @
203-932-5711 x3182 for specific schedule info.

Updated Jan/2017

Welcome to:
VA Connecticut Healthcare System's
Errera Community Care Center



Your Guide to
The Programs and Services Available and
Located at Errera CCC & Errera North @ Newington

Please contact programs directly for the most up to date information.

ABOUT THE CENTER

DR. PAUL ERRERA'S MISSION.....4
ABOUT THE ERRERA FIRM.....5
CENTER LOCATIONS..... 5
ERRERA CCC MISSION & PHILOSOPHY.....5
LEADERSHIP.....5
CONTACT INFORMATION/HOURS.....back cover
TRANSPORTATION.....back cover

HOMELESS SERVICES AND HOUSING PROGRAMS

*HOMELESS PROGRAMS.....6
*GPD.....7
*PERMANENT SUPPORTIVE HOUSING.....8
*HUD-VASH.....9
CRRC.....10

MENTAL HEALTH RECOVERY PROGRAMS

*PRRC/CRP/HRP.....11
CTL.....12
MHICM.....13
*MHICM RANGE.....14
*VET TO VET.....15
*PEER SUPPORT PROGRAM.....16

WELLNESS PROGRAMS

HPACT.....17

WELLNESS CENTER.....18

MH RESIDENTIAL RECOVERY TREATMENT PROGRAMS

*Next Steps.....19

VOCATIONAL/EDUCATIONALPROGRAMS

CWT.....20

- *SE.....20
- *TWE..... 21
- *CBES.....22
- *Vocational Assistance.....23

SUBSTANCE ABUSE PROGRAMS

*Outpatient Additions, Recovery Services (OARS)

Substance Abuse day program.....24

EDUCATIONAL PROGRAM

Interprofessional Fellowship in Psychosocial Rehabilitation..... 25

LEGAL/JUDICIAL PROGRAMS

- VJO.....26
- HCRV.....27
- *◇CT VETERANS LEGAL CENTER.....28

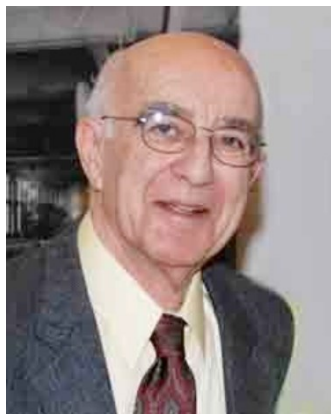
NON VA FINANCIAL ASSISTANCE

◇SSVF.....29

* Indicates available at Errera North

Dr. Paul Errera's Mission

In a career that spanned more than half a century at the VA, Dr. Paul Errera demonstrated a unique commitment to our nation's veterans and the quality of care they receive. Throughout his tenure, Dr. Errera was a visionary leader, stimulating fundamental change in the way mental health care is delivered. He played an integral role in the development and implementation of innovative, community-based programs to meet the diverse mental health treatment needs of veterans. Dr. Errera's commitment and diligence had a dramatic impact on the VA's treatment of its mentally ill patients—effectively changing the face of their approach and service to many of our nation's most vulnerable citizens. Dr. Errera's passionate concern for the plight of the mentally ill is best illustrated by his own words when Dr. Errera testified before the House Committee on Veterans' Affairs Subcommittee on Health on May 6, 2003:



“Our society has conflicted responses to the mentally ill. It is more comfortable when dealing with traditional medical or surgical symptomatology. Broken bones, heart disease, shrapnel wounds, infections – such symptoms get the therapeutic attention and resources that are required. However, when it comes to lack of housing and paralyzing fears, horrendous nightmares, depression, hallucinations, addictions, delusions – all possible aspects of mental illness – for these, we as a society are less compassionate, less likely to provide the necessary treatment and support options and more likely to denigrate or even ridicule the afflicted persons.

We bring flowers to the bedside of medical and surgical patients – why not for the psychiatric. We raise our voices before the legislature for the paralyzed, the blind and others physically disabled – much more hesitantly for the mentally ill.

As patients, we brag about our successful operation and the infection that has been subdued – not so for the hallucinations and delusions that have become less intrusive. We are proud of our good surgeon, our effective internist. We only whisper hesitantly to our closest confidant the name of our psychiatrist.

All of which reflects our discomfort with mental illness – providers as well as consumers – and, hence, underscores the need for legislative support to assist those whose very disease makes them less likely to be offered help as well as less able to help themselves and may lead some of them into homelessness.”

NON-VA Financial Programs

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)

Program Representative: Varies by appointment

About program: A temporary financial assistance program to help Veterans and their families connect with housing and/or avoid eviction. Other services offered include rapid rehousing, temporary financial assistance, assistance in coordinating and obtaining public benefits, and case management.

Eligibility Criteria:

- Must be eligible Veteran
- Very low income—less than 50% area median income with priority given to Veteran families earning less than 30% AMI
- Will need photo ID, social security card, and DD214

How to refer: Veteran can call to make self-referral

Hours of operation: By appointment only

Location: Errera Community Care Center

Phone number: 203-479-8064

Community Renewal Team (CRT) Regions covered: Hartford, Middlesex, New Haven, New London

Phone Number 860-778-2423

Columbus House Regions covered: New Haven, Middlesex, New London **Phone Number 855-626-3310**

Workplace, Inc. Regions covered: Fairfield, New Haven

Phone Number 866-683-1682 (press 2)

Veterans, Inc. Regions covered: Entire State

Phone Number 800-482-2565 (press 2)

NON-VA Legal/Judicial Programs

CT VETERANS LEGAL CENTER (CVLC)

501c3-Non-Profit

Program Director: Margaret Middleton, J.D.

About program: The Connecticut Veterans Legal Center (CVLC) is a non-VA, 501c3 non-profit program, co-located at the Errera Community Care Center. This program offers free legal assistance to Veterans in recovery from homelessness and mental illness. Common issues include evictions, foreclosures, consumer debt collections, divorce and child support, VA and Social Security income, criminal pardons, military records corrections and tax issues. Unfortunately, CVLC is unable to assist Veterans seeking assistance in personal injury, employment discrimination or contesting conservator status. CVLC leverages its resources by connecting about half of Veteran matters to volunteer attorneys across the state.

Eligibility Criteria:

- Veterans whose incomes fall below 200% of the poverty level (about 22K for a single person)
- Active in mental health care, case management, supported employment, substance abuse treatment and other recovery-oriented services. CVLC works in medical-legal partnership with VA and requires a form from clinicians to establish the partnership.

How to refer: Veterans medical or mental health provider can e-mail charriston@ctveteranslegal.org to request a referral form. Veterans can also stop by the office to request the form.

Hours of operation: M, T, Th, & F 8:30-4:30 pm
Closed Wednesday's

Location: Errera Community Care Center

Phone Number: 203-794-4291

*Available at Errera North (by Appointment Only)

About the Errera Community Care Center

The Errera Community Care Center (ECCC) has been locally and nationally recognized as one of the best models for delivery of services for those individuals struggling with mental illness, substance abuse, and/or homelessness. The ECCC has been honored within its community, State and nationally by U.S. Congress and has been designated a VA Center of Excellence for the long term care of the seriously mentally ill. Our Vehicle to success within the ECCC infrastructure is the continual development and implementation of new resources and expansion of current resources via Veteran involvement & leadership, community networking and partnerships. Services and programs are offered at the Errera Center in West Haven and at Errera Center North located within the Newington Campus of VA Connecticut.



ECCC MISSION

To enable individuals struggling with mental illness, substance abuse, and/or homelessness to live successfully within their communities. The goal is to maximize independence through recovery and rehabilitation plans designed to meet each individuals needs.

OUR COMMUNITY PHILOSOPHY

“Tell me and I will forget. Show me and I will remember. Involve me and I will understand”

LEADERSHIP

Director: Debbie Deegan, LCSW/CPRP

Business Manager: Darla French, LCSW/ACSW/CPRP

Homeless Services and Housing

HOMELESS PROGRAMS

Program: Director: Maureen Pasko, LCSW

About program: VA Connecticut's Healthcare for Homeless Veterans (HCHV) Program offers housing services to Veterans who are homeless, at risk of homelessness, or economically challenged. These services include, emergency housing, transitional housing, and permanent supportive housing.

Eligibility Criteria:

Veterans who have an honorable or general discharge from the military and meet the minimum active duty requirements,

- Veterans are homeless or in need of stable housing are eligible for HCHV services

How to refer: Any VA provider can refer by placing a Homeless Consult or the Veteran can drop in during the clinic hours as noted below.

Hours of operation:

Errera CCC: Walk In hours: 7:30-10:00 a.m. & T-F 1:30-2:30 p.m.

***Errera North:** Walk in hours: 8:30-11:00 a.m.

* Errera North Contact: 860-666-6951 x6466

Any time outside these posted clinic hours, please call to schedule an appointment.

Location: Errera Community Care Center

Phone number: Clinic Line: 203-479-8064

VA National Call Center for Homeless Veterans:

877-424-3838

* Available at Errera North

Legal/Judicial Programs

HEALTH CARE FOR RE-ENTRY VETERANS

(HCRV)

Program Representative: Michele Roberts, LCSW

About program: HCRV provides Veteran-specific services to incarcerated Veterans, in order to assist them in making successful reentry into the community. Incarcerated Veterans Specialists provide outreach services in federal and state correctional institutions. They offer:

- Education on VA eligibility, benefits, and enrollment for health benefits
- Needs Assessment for community re-entry and linkage to local services
- Post-release referrals to VA programs and community resources

Eligibility Criteria:

- Honorable or general discharge from service
- Veterans who enlisted after September 1980 must have 24 months of continuous military service
- National Guard and Reservist may also qualify for VA benefits if they were called to active duty (other than for training) by Federal order
- We encourage all Veterans to apply. Re-entry Specialists can help with determining eligibility

How to refer: Contact Michele Roberts—see below.

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center

Phone number: 203-492-9540

Email: Michele.Roberts2@VA.gov

VETERANS JUSTICE OUTREACH (VJO)

Program Representatives: Varsha Dubose, LCSW; Jessica Marshall, LCSW; Alesia Wellington, LCSW; Patrick Hayes, Peer Specialist

About program: The VJO is responsible for acting as the clinical liaison between the VA and the criminal justice system to provide outreach, assessment, and case management for eligible justice-involved Veterans across the state. The purpose of the VJO initiative is to end unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible Veterans in contact with the criminal justice system have access to Veteran's Health Administration (VHA) medical, mental health and substance services.

Eligibility Criteria:

- Must be eligible for VA services
- Must be willing to sign a release of information to allow VJO to communicate with the courts
- Currently has pretrial state or federal criminal charges or is already sentenced

How to refer: At this time please email or call the VJO's for referrals as listed below

Hours of operation: M-F 8-4:30 pm

Location and Phone number:

- Jessica Marshall, LCSW
GA-23 New Haven Superior Court
Cell: 475-201-8039 Office: 203-773-6739
Email: Jessica.Marshall4@va.gov
- Alesia Wellington, LCSW
Waterbury Superior Court
Office: 203-236-8273 Email: Alesia.Wellington@va.gov
- Varsha Dubose
Fairfield County area
Cell: 203-228-1281 Email: Varsha.Dubose@va.gov

GRANT & PER DIEM (GPD)

GPD Program Liaison Contacts: John Chiechi, LCSW, Preston Maynard, LCSW, Maryellen Leigh, LCSW, & Jennifer Moriarty, LCSW

About program: The U.S. Department of Veteran Affairs Grant and Per Diem program has funded transitional housing beds for homeless Veterans throughout the state through partnerships with community agencies. CT currently has 161 Veterans beds in various GPD transitional housing programs.

Eligibility Criteria: Veterans engaged with the VA CT Homeless Program are, in general, eligible for Grant & Per Diem programs. Specific program stipulations at partner sites further define eligibility.

Providers of the Grant & Per Diem Program *often require:*

- Participation in VA mental health and/or substance abuse treatment
- Involvement in structured community-based activities, such as day programs or jobs
- The willingness to secure income through employment or pensions or other entitlements within a certain timeframe
- Cooperation in case management services to ensure seamless service plans among all providers, especially between the partner site and VA CT

How to refer: Homeless team or Clinician can place consult

Hours of operation: Call to make appointment

Location: Errera Community Care Center

Phone number: 203-479-8064

* Available at Errera North

Homeless Services and Housing

PERMANENT SUPPORTIVE HOUSING SERVICE

Program Contacts: Errera CCC: Patrice Boyce, LCSW
Errera North: Luciane Gray, LCSW

About Service: Permanent Supportive Housing is a service that provides information and help with referrals to community based permanent supportive housing programs. Supportive housing is helpful to individuals in need of extra case management to help maintain independent housing. The VA's permanent housing specialists work in collaboration with onsite case management to assist the Veteran in living independently. The Veteran pays 30 percent of their income towards rent and the remainder is paid by tenant-based rental assistance or project-based rental assistance.

Eligibility Criteria:

- Each housing program has its own criteria for admission
- Please contact the program for more specific information

How to refer: Referrals are often made by VA's homeless team. However, Veterans can self refer by either calling and/or by coming into the office to personally meet with the staff.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number: Errera CCC: 203-823-6231
Errera North: 860-666-6951 x6562

* Available at Errera North

EDUCATIONAL PROGRAM

INTERPROFESSIONAL FELLOWSHIP IN PSYCHOSOCIAL REHABILITATION (PSR Fellowship)

Fellowship Co-Directors: Anne Klee, PhD &
Meaghan Stacey, PhD

The VA Connecticut Health Care System offers a one year post-graduate fellowship in psychosocial rehabilitation based at the Errera Community Care Center (ECCC). The Psychosocial Rehabilitation Fellowship is designed to provide advanced training in psychosocial rehabilitation to mental health professionals from various disciplines (nursing, occupational therapy, psychiatry, psychology, and social work) over a yearlong (full-time) commitment; there are opportunities for both clinical and research experiences. Fellows work alongside the ECCC's multidisciplinary mental health professionals providing an array of community-based rehabilitative programs including day and crisis intervention programs (for individuals struggling with mental illness and/ or substance abuse disorders, homelessness, and/or aging), vocational programs, housing programs, homeless outreach and engagement, advocacy and clinical case management programs. Fellows develop individualized projects with close mentoring from faculty; projects may include research in areas such as peer support, mental health service outcomes, and vocational and neurocognitive rehabilitation; the development of new clinical programs; and consultation with community partners. Many fellows participate in ongoing collaborative research and scholarly writing. Fellows undertake innovative outcome-based work and facilitating the transformation of the national VA mental health care system from a traditional, hospital-based system to an information-driven, community-based system whose focus is partnering with consumers within their natural environments. Fellows attend weekly theoretical and applications seminars. Clinical supervision for obtaining licensure is provided.

Contact Information:

Anne Klee, PhD 203-640-1727

Meaghan Stacey, PhD 203-907-6986

Substance Abuse Programs

*Outpatient Addiction Recovery Services (OARS) Substance Abuse Day Program (SADP)

Program Director: David Pilkey, PhD

About program: The outpatient substance abuse day program (SADP) is a 3 week intensive outpatient group based program. Veterans meet in group settings to discuss techniques to stop using/abusing alcohol and/or drugs. Veterans are assigned a substance abuse counselor who works directly with each Veteran during the program.

Eligibility Criteria:

- Veteran must be eligible for VA services
- Must have substance use disorder
- Must be able to participate in groups
- Must have an interest in changing substance use behavior

How to refer: Veterans may be referred by their mental health treatment coordinator, Detoxification and Addictions Support Services Team, or VA Connecticut's Psychiatric Emergency Room (PER). Additionally, Veterans may be screened in building 12A (OARS clinic) which is located on the main campus of VA Connecticut Healthcare, West Haven, CT. The hours for referral assistance are: M, W, F 8-9:30 a.m.

Hours of operation: Program Groups run M-F @ 9:00-2 pm. & Program Staff is available M-F, 8-4:30p.m.

Location: Errera Community Care Center

Phone number: 203-479-8060

* Available at the Newington Campus of VA Connecticut

Homeless Services and Housing

HOUSING URBAN DEVELOPMENT– VETERAN AFFAIRS SUPPORTIVE HOUSING (HUD-VASH)

Site Manager Errera CCC: John Sullivan, LCSW

Site Manager Errera North: Debra Minzy, LCSW

About program: HUD-VASH is a partnership between the U.S. Department of Housing and Urban Development (HUD) and the U.S. Department of Veteran Affairs. Through this joint and collaborative program, rental subsidies are offered to chronically homeless Veterans who struggle with serious mental illness and/or substance addictive disorders or who need on-going case management to live independently.

Eligibility Criteria:

- Must be eligible for VA Healthcare
- Meet VA homeless criteria or other priority categories
- Meet income guidelines
- Demonstrate a need for case management
- Willingness to engage in case management
- Veteran Can **NOT** be on the lifetime sex offender registry

How to refer: Veteran must be screened by the VA Homeless team. See page 6 for contact info and hours of operation.

Hours of operation: 8-4:30 pm M-F

Locations: Errera Community Care Center & Errera North @ Newington

Phone Numbers:

Errera CCC : 203-479-8093 & Errera North: 860-594-6353

* Available at Errera North

Homeless and Housing Programs

COMMUNITY RESOURCE & REFERRAL CENTER (CRRC)

Program Director: Matthew Abbott, LCSW

About program: The CRRC provides a welcoming environment where Veterans with housing struggles can obtain basic needs, engage with VA services and access community services.

Eligibility Criteria:

- Veterans who are homeless or at immediate risk of homelessness and NOT connected to VA healthcare
- A new or loosely connected Veteran with housing challenges currently receiving services from the VA Connecticut Healthcare System or community emergency room/ inpatient unit
- Veterans identified by local Homeless outreach and engagement teams as Veterans with housing struggles

Exclusion Criteria

- Veterans/individuals who are not eligible for VA healthcare services*
- Veterans who are not homeless or at risk of homelessness
- Veterans who live greater than 30 minutes travel time from VA Connecticut, West Haven campus
- Veterans with significant outstanding legal charges, and significant histories of violence will be considered on an individual basis.

Hours of operation: 7:30-4:30 pm M-F

Location: Currently located in the Errera Community Care Center

Phone Numbers: 203-479-8064

National Homeless Hotline: 1-877-424-3838

Veterans Crisis Line: 1-800-273-8255

*Some services may still be available and/or offered

Vocational Programs

INDIVIDUAL AND GROUP RESOURCES

Vocational Assistance is provided individually and in groups. Vocational Assistance groups are drop-in groups that are available to all Veterans. Consults or referrals are not required to attend.

Vocational Assistance (Individual):

Online Jobs Leads
Resume Critique
Mock Interviews
Community Contacts
Education
Skill Identification

Vocational Group (Group):

Dress Code
Interviewing Skills
Work Place Etiquette
Education Workshops
USAJOBS Workshops
Vocational Programs

Vocational Support (Drop In):

Safe Venting and Cool Down Area
Employment Discussions with Veterans
Work Place Wellness
WRAP Plans

[VA Connecticut Healthcare System-West Haven Rm 120](#)

Vocational Support-Monday 12:00-1:00p.m.

Vocational Assistance-Monday 1:00-2:00p.m.

[Errera Community Care Center Rm 28](#)

Vocational Group-Tuesday 1:30-2:30p.m.

Vocational Assistance-Tuesday 2:30-3:30p.m.

[VA Connecticut Healthcare System-Errera North-Newington Campus Rm 339](#)

Vocational Programs

Community Based Employment Services

(CBES)

Program Director: Mary Sperrazza, OTR/L/CPRP

About Program: Community based Employment services (CBES) is the branch of CWT that provides vocational assistance, job development, job placement and ongoing employment supports to Veterans who have had a history of sporadic employment, difficulty maintaining a job, difficulty initiating and following through on job search and/or unable to obtain and keep a competitive community job independently.

Eligibility Criteria

- Veteran has a sporadic work history, inability to independently obtain or retain employment.
- Veteran's goal is community employment
- Veteran must be engaged in Mental Health Treatment
- Must obtain medical clearance for work
- No specific diagnostic criteria

How to refer: Primary mental health provider may place a CWT consult

Hours of operation: M-F 8:4:30

Location: Errera Community Care Center and VACT Hospital building 6 Rm 120

Phone number: 203-479-8026

***Available at Errera North**

Mental Health Programs

PSYCHOSOCIAL RECOVERY REHABILITATION CENTER (PRRC's)

Errera CCC (CRP) Community Reintegration Program

Errera North (HRP) Healing and Recovery Program

Program Director: Mary Sperrazza, OTR/L/CPRP

About program: The Mission of the PRRC's is to provide Veterans with a transitional educational center that will inspire and assist them to reclaim their lives, instill hope, validate strengths, teach life skills, and facilitate community integration in meaningful self-determined roles. The program helps Veterans focus on maintaining safety, expanding their support networks and learning effective coping skills, and maintaining sobriety. The specific services provided include:

- Veteran constructed individual recovery plans
- Case management, Group psycho-education: coping skills, community living, problem solving, cognitive behavioral therapy, anger management, relapse prevention, evidence based practices, community reintegration and socialization groups

Eligibility Criteria:

- Must have serious mental illness (PTSD, Mood disorder, or Psychotic disorder, can have comorbid substance abuse but substance abuse cannot be the primary diagnosis.
- GAF <50
- **Exclusion criteria:** Primary diagnosis of personality disorder, active untreated substance abuse disorders, severe and organic cognitive disorders

How to refer: The primary mental health provider can submit a PRRC consult for either campus program: PRRC/CRP or PRRC/HRP.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center & Errera North

Phone Number: PRRC/CRP: 203-479-8026

PRRC/HRP: 860-594-6359

Mental Health Programs

CRITICAL TIME INTERVENTION (CTI)

Program Director: Matthew Abbott, LCSW

About program: CTI is a very intensive time limited case management program for Veterans who are homeless or at risk of homelessness. The purpose of the program is to secure stable housing and to provide assistance reintegrating back into the community.

Eligibility Criteria:

- Must be homeless or at risk of homelessness
- Must have Axis I mental health diagnosis
- Express the availability and willingness to participate in case management program for at least one year within the 30 min/30 mile radius of West Haven area.
- Exclusion Criteria:
- Primary diagnosis of substance abuse; Diagnosis of organic brain syndrome; Veteran already participating in an enhanced community-based case management program; Veterans who live greater than approximately 30 minute travel time from the VA CT's West Haven campus; and Veterans who have a history of significant violence;

How to refer: The referral must come from the inpatient psychiatric setting or H-PACT. The VA Mental Health care provider can also enter a CTI consult.

Hours of operation: 8-4:30 pm M-F

Location: Errera Community Care Center

Phone Number: 203-479-8021

Vocational Programs

TRANSITIONAL WORK PROGRAM (TWE)

Program Director: Mary Sperrazza, OTR/L/CPRP

About program: TWE is a branch of CWT. This hospital based assessment program that is designed for Veterans who have been unemployed for a period of time and need assessment and training on re-entry into the workforce. The program utilizes hospital based jobs for the assessment. The Veteran would benefit from a program that would assess and address the vocational related strengths and barriers as it applies to independent competitive work. The paid training is part-time and is time limited from 3 to 6 months. The Veteran is taught basic vocational skills and provided helpful feedback on work performance. The Veteran is also assisted in finding a job in the community following completion of the assessment.

Eligibility Criteria:

- Veterans vocational goal is competitive employment
- Veteran must be engaged in mental health treatment/ services with VA Connecticut Healthcare System
- Must obtain medical clearance for work

How to refer: Veterans Primary mental health provider can submit a CWT consult.

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center & Errera North

Phone number: 203-479-8026

* Available at Errera North

Vocational Programs

COMPENSATED WORK THERAPY (CWT)

The mission of Compensated Work Therapy (CWT) is to assist Veterans with securing competitive employment in the community. There are several programs within CWT that provide varying levels of support depending on the Veterans needs, work history, and barriers to employment.

SUPPORTED EMPLOYMENT (SE)

Program Director: Mary Sperrazza, OTR/L/CPRP

About program: The Veteran would benefit from support and services in seeking, securing and or maintaining competitive community employment. This program is NOT time limited and offers long term ongoing job supports.

Eligibility Criteria:

- Veteran must have an SMI diagnosis (psychotic disorder or major mood disorders only)
- Veteran's goal is competitive community employment
- Veteran must be engaged in mental health treatment
- Veteran does NOT need to be clean and sober to be engaged in SE Services
- Must obtain medical clearance for work

How to refer: The Veterans primary mental health provider can submit a CWT consult

Hours of operation: M-F 8-4:30 pm

Location: Errera Community Care Center

Phone number: 203-479-8026

* Available at Errera North

Mental Health Programs

MENTAL HEALTH INTENSIVE CASE MANAGEMENT (MHICM)

Locally known as Community Support Program (CSP)

Co-Program Managers: Barbara Johnson, MSN
Pat Standish, LCSW

About program: The MHICM mission is to work with Veterans who have serious mental illness to enable them to live successfully in community settings. Members of the team serve as the primary outpatient mental health provider. Services include individual and family therapy, pharmacologic therapy, crisis intervention, skills training, and assistance in obtaining benefits, resources, housing, and rehabilitative services.

Eligibility Criteria:

- Must be a candidate for psychosocial rehabilitation
- Veterans must have greater than 30 days of inpatient psychiatric hospitalization and/or 3 or more inpatient admissions within the previous calendar year.
- Admissions occur when Veterans are on the inpatient unit prior to their discharge.
- A diagnosis of a serious mental illness must be present. Diagnoses are reviewed at the time of the referral for appropriateness to the treatment model.
- Exclusion criteria: significant Substance Abuse diagnosis or dementia, live greater than 30 minutes travel time from VA CT, serious histories of violence and/or those who would be better served by more institutional or structured settings.

How to refer: Outpatient or inpatient mental health providers can place a mental health intensive case management consult.

Hours of operation: 8-430 pm M-F

Location: Errera Community Care Center

Phone Number: 203-479-8008

Mental Health Programs

*MENTAL HEALTH INTENSIVE CASE MANAGEMENT PROGRAM-RURAL (MHICM RANGE)

Program Manager: Holly James, LCSW

About program: The MHICM-Range program is part of the Errera services yet only operates out of Errera North campus, Newington, CT. The program targets rural areas in Northern Connecticut, to reach Veterans who might not otherwise be able to access services due to their location. The program is characterized by high staff to Veteran ratios, service delivery in the community, practical problem solving approach to the work and have a high degree of continuity of care. The staff of the MHICM RANGE team are the primary providers of the Veteran's outpatient mental health care.

Eligibility Criteria:

INCLUSION CRITERIA:

- At least 30 days &/or three inpatient psychiatric hospitalizations within the prior calendar year.
- Screening for eligibility, and subsequent admission to MHICM RANGE, can occur at any time with consideration based on level of functioning.
- Helping Veterans who reside in rural areas access treatment services

EXCLUSION CRITERIA:

- Primary diagnosis of substance abuse
- Diagnosis of Organic Brain Syndrome

How to refer: Veterans medical or mental health provider can place a Mental health intensive case management consult.

Hours of operation: 8-430 pm M-F

Location: Errera North @ Newington Campus of VACHS
Bldg. 2 3rd Floor, Room 2E-3120

Phone number: 860-667-6733

***This Program is available ONLY at Errera North**

Mental Health Programs

MENTAL HEALTH RESIDENTIAL REHABILITATION TREATMENT PROGRAMS (MH RRTP)

NEXT STEPS—7 East

Program Director: Howard Steinberg, PhD

About program: Next Step Veterans often participate in groups at ECCC. Next Steps is a residential program that offers a safe and sober environment to facilitate recovery and housing placement. Maximum length of stay is one month.

Eligibility Criteria:

- Severe and persistent mental illness and/or substance use disorder
- Homeless or in living conditions not conducive to recovery
- Have an attainable goal, and willingness to work toward that goal in accordance with Next Steps expectations and programming
- Must be engaged or willing to engage in day program
- Must be engaged or willing to engage with a mental health clinician

How to refer: referral must come from Veterans primary mental health clinician, psychiatric emergency room, or CRRC Program

Hours of operation: Residential program. Veterans participate in assigned day programming during the day and return for on site residential programming, services and housing.

Location: VA CT West Haven Campus, Bldg. 1, 7E

Phone number: 203-932-5711 ext. 2180

Wellness Programs

WELLNESS CENTER

Program Director: Carol Hendricks, PhD

About program: The Wellness Center at the Errera Community Care Center (ECCC) offers Veterans who receive services in the VA Mental Health Care Line a comprehensive range of wellness services including physical exercise (with medical clearance), nutritional counseling, weight control, stress reduction and various health psychology services.

Eligibility Criteria:

- Have a mental health diagnosis
- Veteran must be engaged with VA mental health services
- Must be able to abide by center policies
- Gym use requires medical clearance

How to refer: Veterans medical or mental health clinician can place a consult to the Wellness Center.

Hours of operation: Gym 8:30-12 & 1-3:30 pm M-F

Dietitian 8-4:30 T&Th

Health Psychologist 10-4:30 M,W,Th

Location: Errera Center lower level

Contact Information:

Health Psychologist: Carol Hendricks, PhD: 203-479-8083

Dietician: Tracey Pascarella, RD: 203-479-8082

Exercise Specialists: Craig Funaro: T & Th

203-479-8081

Bill Trent: M,W,F

203-479-8081

Mental Health Programs

VET TO VET

Program Contact: Mary Sperrazza, OTR/L/CPRP

About program: A self help support group for Veterans, where Veterans help other Veterans learn to cope with the all aspects of their mental illness.

Eligibility Criteria:

- Must be a Veteran

How to refer: No referral needed. Open to all Veterans.

Hours of operation: groups meet M-F 12:30 1:15pm

Location: Errera Community Care Center

Phone number: 203-479-8026

* Available at the Newington Campus thru the Mental Hygiene Clinic; Joanne Gardner, APRN @ 860-594-6365.

Mental Health Programs

PEER SUPPORT SERVICES

Program Director: Anne Klee, PhD

About program: Veterans who are in recovery from mental health or substance use disorders are trained and certified as Peer Specialists. Peer Specialists serve as role models and demonstrate that Veterans can improve their health and life when they focus on the recovery process. The Peer Specialists are embedded in every program at the Errera Community Care Center, Psychiatric Emergency Room, Inpatient and now in Integrated primary care.

Eligibility Criteria:

- Must be a Veteran in recovery from mental health or substance use disorder

How to refer: If interested in becoming a Peer Specialist please contact Human Resources or to apply go to www.USAJobs.gov.

Hours of operation: not applicable

Location: Errera Community Care Center

Phone number: 203-479-8035

* Available at Errera North

Wellness Programs

HOMELESS PATIENT ALIGNED CARE TEAM (H-PACT)

Program Director: David I. Rosenthal M.D.

About program: Offers primary medical care services to Veterans at risk for or struggling with homelessness. Services include screenings, exams, treatments, referrals, and care management in a caring and welcoming environment.

Eligibility Criteria:

- Veteran must be eligible for VA services
- Veteran must be homeless or at risk for homelessness
- Veteran may not be actively engaged with a VA primary care provider, or current provider must approve transfer

How to refer: Consult submission to the Homeless Patient Aligned Care Team

Hours of operation: M,W,Th,F 8-4:00 pm

Tuesday: 10:30-4:00 p.m.

Location: Errera Community Care Center

Phone number: 203-506-4131